

January, 2008  
Volume 10, Issue 5

# Evening Star Gazette

*Evening Star Quilt Guild*  
Birmingham, Alabama

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**Next Meeting: January 3, 2008**

## January Program

Our January program will be "Ooooh Shiny" brought to us by guest speaker, Carol Logan Newbill. Carol will be discussing and demonstrating several techniques to add some pizzazz to your quilts.

Carol has been called a "Renaissance Woman" because of the wide variety of her skills. She has been sewing since she was 7, making quilts since 1975 and making art quilts since 1990. She compiled and edited quilt books for a large publishing company for a number of years, later opening her own pattern design company to showcase her original designs. Her background in computer programming, graphics, and illustration led naturally into developing her own websites in the late 1990s. This skill has grown into a full-fledged business with current clients from across the United States and Canada.

Carol lives in Birmingham with her husband, her son, and Millie, the Adorable Hairy Beast.

## January Refreshments

**Salty:** Karen Relfe, Darlene Graham, Pamela Borders, Debbie Logan, Brenda Albur  
**Sweet:** Anne Stansell, Beverly Williamson, Joye Smith, Ginny Stevens  
**Snacks:** Joy Merritt, Susan Rigby, Anita Haddad, Ella Thomas, Paula Griggs  
**Veggies:** Jeanne Welsh, Jeanne Heinemann, Mary Lane,  
**Fruit:** Jimmie Lou Clements, Cindy DaCosta  
**Drinks:** Carolyn Horton, Frances Burch, Terry Bell, Cheryl Clabough, Susan Barrow  
**Paper Products:** Linda Duke, Doris Chamberlin  
**Ice:** Mary Sorrell, Carolyn Robinson

## Looking Ahead

January 3	Guild Meeting Fat Quarter Exchange - Orientals
January 10-13	Annual Winter Retreat, Thur – Sun, Shocco Springs, Alabama (near Talladega)
January 17	Board meeting
April 4-5	Peggy Barkle Workshop
April 23-36	2008 National Paducah, Kentucky Quilt Show
June 25 – 29	Red Rooster Retreat
July 16 – 20	Red Rooster Retreat

## **STARTING TIME**

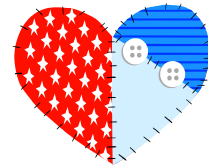
Mingle with members at 6:30, meeting starts promptly at 7PM..  
Visitors are always welcome.

Meeting Location: North Shelby County Library  
5521 Cahaba Valley Rd - (Highway 119)  
Birmingham, AL 35242-4901  
(205) 439-5500

## January Library Volunteers

Ella Thomas  
Mary Sorrell

## From the Prez



Stitches from My Heart to You . . .

The holidays have come and gone and we are ready to make our New Year's resolutions! Or are we?

How often do we make a resolution and only keep it for a few days, weeks, or months? I fall into this category quite often. This year I challenge you, my quilting sisters, to finish all those projects, enjoy completing them, and know you did a good job on each and every one of them.

There are many resolutions we can make that involve quilting. Just thinking of our committees, we can set up a number of resolutions, such as:

- ❑ Join a bee and have more fun
- ❑ Attend one of our many retreats
- ❑ Check out a book from our library
- ❑ Donate a book to our library
- ❑ Invite a friend to join as a member
- ❑ Write an article for our newsletter
- ❑ Make a charity/cuddle quilt
- ❑ Finish a project and bring to show and tell
- ❑ Introduce yourself to a member you don't know
- ❑ Make a quilt for a gift
- ❑ Just make a quilt for yourself!

With all these future resolution ideas "skipping stitches" in my mind, I will look forward to 2008 with you all in hopes that we all have a Blessed New Year!

*Helen*

Sunshine Corner  
Happy Birthday to:



Glenda Jones 6<sup>th</sup>

Deanna Andrepont 13<sup>th</sup>

Jean K. Reid 18th

Meaghan DaCosta 22nd

*Next Board Meeting*



**January 17, 2008**

**Time: 5:30PM**

**Location: St. Peter's Catholic Church**

**Room 202**

**2061 Patton Chapel Road,**

**Hoover**

All members are encouraged to attend the board meetings and learn how your guild is run. If you have an item that you would like to add to the agenda, contact Helen Tankersley by the morning of the meeting.

Submit Ideas and suggestions to the  
Guild Director . . .

**Mary Guthrie**

Phone: 991-6979

Cell: 529-2877

FAX: 991-2945

Email" [Maryguthrie@aol.com](mailto:Maryguthrie@aol.com)

**Reminder:** Please wear your name tag to the meetings so you can register for the name tag drawing when you sign in. Our numbers are growing and we want to meet each other!

*January*

## 2008 Winter Retreat News

Our annual winter retreat is quickly approaching. 23 ladies will be arriving at Shocco Springs Baptist Conference Center in Talladega on Thursday, Jan. 10<sup>th</sup> with 6 more arriving on Friday, Jan. 11<sup>th</sup>. We will be working on our UFO's. Among other things, the quilters may want to bring their sewing machines (with the pedals!), extension cords, their favorite chair, mats, rotary cutters, etc. Wear comfortable clothes.

**PLEASE**, do not arrive on Thursday before 10 a.m. Linda and Judy will arrive early in order to get things ready for you. The building will not be ready for you until 10 a.m.

Shocco has a few rules that we will all need to follow.

- Profanity and alcoholic beverages are not permitted. Smoking inside buildings is not permitted.
- Guests are personally responsible for securing and protecting valuables while on campus.
- Each guest assumes the risks of any and all injuries and damages of any kind or nature while on the grounds of SSBCC. You may want to check your own homeowners' insurance about any claims.
- Observe a 15 mile per hour speed limit while driving on campus.

Three meals are included in the conference: lunch and dinner on Sat. with breakfast on Sunday. Each guest will want to bring their own snacks, drinks, water, etc. We plan to eat out as a group on Friday night. You are on your own at the other meals.

Nana's Workshop will join us on Sat. morning. Florence will bring bolts of cottons and flannels. All fabric is \$4 per yard. Constance Pettit will teach a class on the Chicken Scratch technique on Saturday afternoon. For this class you will need a 17" square of gingham (with 1/4" squares), floss that is darker than the darkest square, white floss, and a needle. If you choose to make the poinsettia you will need green gingham (1/4" squares), 1 skein of maroon floss, 2 skeins of bright red floss, and 1 skein of yellow floss.

Shocco phone numbers are 256-761-1100 and 800-280-1105.

Get ready to smile, smile, smile because you are going to LOVE our winter retreat.

**HAPPY QUILTING!!**

**Judy** and **Linda**



### Reminder!

Don't forget to bring your charm packets to the meeting.

### Red Rooster Retreats

Are you looking for a great get-away next summer? The guild has two weekends reserved at the Red Rooster Quilt Lodge, <http://www.redroosterretreat.com/>. Check out the wonderful facility on their web site. If you have any doubts that this is the greatest get away, just ask someone who has been there. Mark your calendar and let Glenda Waguespack know you want on the list. The dates for 2008 are June 25<sup>th</sup> – 29<sup>th</sup>, July 16<sup>th</sup> – 20<sup>th</sup>.



### AQS Book Order

The AQS book order will be sent in after the January meeting. The books ordered in January will be available at the February meeting.

### *Fat Quarter Exchange!!*

Build up your stash the easy way! Bring fat quarters for chances to win a stash. It just may be your lucky day!

Bring a fat quarter (18" X 22") each month and your name is entered to win a group of these fabrics. Each month is a different color or pattern. Please bring a good 100% cotton fabric.

Following is a list of colors for each month. Refer to it as your friendly reminder –

### Fat Quarter Drawing



#### January- Orientals

February- Red/White  
 March- Cats/Dogs  
 April- Blacks/Grays  
 May- Flowers  
 June- Plaids  
 July- Bugs/Critters  
 August- Cream/Tans

### Peggy Barkle's Workshops

Welcome to 2008! A new year is a great time to step into a new direction with your quilting. Whether you are a beginner or an experienced quilter, a great way to add pizzazz to your quilting is to try out one or both of Peggy Barkle's workshops. Peggy is a fun person and will share more than just how to make a quilt. Peggy will share ideas and concepts that you can apply to your traditional quilts to make them more contemporary. Sign up sheets will be at the meeting. Workshops (six hours) are \$30 for members. Slots are limited so payment is required to hold your spot. Peggy will be teaching Art for Four on Friday, April 4<sup>th</sup> and Twisted Bargello on Saturday, April 5<sup>th</sup>. Don't wait too long to save your spot!!





## LIBRARY NEWS!

There are lots of exciting books available in our library – appliqué, piecing, basic quilting, stained class, and all sorts of patterns. 2008 is the year to add at least one new technique to your skill set. Librarians are available before and after the meeting to assist you.

Don't forget to return those books that are due so that other members can enjoy them.

**Susan**

### *MY FIRST QUILT*

Scraps of fabric  
leftover remembrances  
of jumpers, skirts and blouses  
that my Mom made for us

Pieces of my life  
revisited in my mind  
renewed in one great melting pot  
to withstand the test of time

No longer my second grade picture  
No longer matching Easter dresses  
No longer now outgrown  
Now something new to use  
Memories to keep me warm

by: Beverly Williamson  
Evening Star Guild Member

## Back from Down Under

Well, I am back! The last time I was at guild, it was an emotional time for me as I planned my trip to see my family in Australia. Thanks for all the well wishes. We had a safe and wonderful trip and my sister Colleen, who had the breast cancer, is doing remarkably well. They loved the quilts, so that made me feel good. My family moved to Australia starting some 30 years ago and so needless to say, it has expanded quite a bit and it was great catching up with all the offspring! We did a lot of sightseeing as it was my husband's first trip. We both enjoyed all the breath-taking sights from the rainforests to the coral reefs. It was late spring/early summer and I cannot adequately describe the abundance of flowers in the neighborhood gardens and everywhere. There was an abundance of color, the purple bougainvillea, beautiful bird of paradise, flaming red flame of the forest and yellow kangaroo paws and wattles and a host of other plants and flowers not seen anywhere else.

I could not wait to explore the quilting world in Australia and was told I had just missed a big quilt show. The first rainy day that came our way I took advantage of, and convinced my sister to take me shopping. However, like Birmingham, there were no quilt shops per se in the city. We went to a department store called Spotlight, which had a better selection of quilting supplies than Wal-Mart. Next came the shock! I was looking for unusual fabric to pick up, but mostly the fabric on the shelves was the same as or similar to what we get here. In fact, I came across one of the fabrics that was in one of the quilts that I had taken over! However, where I paid \$6.99 or \$7.99 at Hancocks and then got my discounts, fabric was mostly \$25.00 a meter! The dollar is very weak right now. 94c is equivalent to an Australian dollar. On top of this, I shopped a lot with my Visa card only to find out that I was charged a "Transaction fee" each time I used my card! Australia has no fabric mills and hence the high prices. I did pick up a few aborigine prints at a small fortune, but that was all. I have been kissing my stash since I got back! I looked for different quilting tools, but nothing appealed to me especially. One interesting thing, fat quarters are sometimes called "Flat Fats". There are quilting shops but they are in the country rather than in Sydney. We did find one store out of a person's garage, right behind my sister's house. She said she had been there for the past 14 years. She was very nice, but her fabric too was \$25.00 a meter. She asked my sister if she thought she might be interested in quilting. I said something about it being a disease and she said to my sister, "You know there is no cure for it"! I guess quilters are the same the world over! I did buy one quilting book while I was there and my sister bought me a quilting magazine to read on the plane back. I will bring these to retreat to share with you all. There was a lady sitting across the aisle from me on the plane. She spoke only French, but when she saw my magazine her eyes lit up and she gestured to borrow it. We tried desperately to communicate with each other. What words could not convey, our smiles did, as we warmed to each other with a common bond. She diligently made notes of things she saw in the magazine. It's good to be back. There IS no place like the US of A and you only have to leave to know how good we have it here. Yet we quilters are a small part of a huge sisterhood that transcends cultures and everything else. Glad to be back and glad to be your quilting sister,

Alma

**EVENING STAR QUILT GUILD MINUTES****GENERAL MEETING AND ANNUAL DINNER  
DECEMBER 6, 2007**

**CALL TO ORDER**--The meeting was called to order at 6:56PM by Helen Tankersley, president. Darlene Calfee, hospitality chairperson, introduced Connie Pettit who provided the invocation for the evening's dinner.

**NEW BUSINESS**--Nancy Allain created a handout for the Gordian Knot to sizes other than that provided in her class. Handouts could be picked up at the librarian's table. Marie Fickes brought in coupons about to expire for members to help themselves. At the suggestion of the board, a jar will be set up for donations to the North Shelby County Library, our guild's host site. "Any amount may be donated, loose change, \$1, \$2, \$5, \$20, whatever's in your heart," said Helen. This will help defray the cost of the library hosting the guild's many activities.

**REFRESHMENTS**--Darlene Calfee passed around a sign-up sheet for January so members could volunteer to bring food and drinks.

**PROJECT LINUS**--Due to medical problems Sandi Boylan has resigned as chairperson of the charity quilts committee and is being replaced by Frances Burch and Jimmie Lou Clements.

**APPROVAL OF MINUTES AND TREASURER'S REPORT**--Following a motion by Doris Chamberlain and a second by Ginny Stevens the minutes were approved as written in the newsletter. The treasurer's report stated the account had a beginning balance of \$7,657.00 with deposits of \$2,582.07 and expenses of \$169.48 leaving an ending balance of \$9,968.59. A motion was made by Frances Burch and seconded by Mary Sorrel to approve the treasurer's report as read by treasurer Sara Adlman. The motion carried.

**SUNSHINE REPORT**--Committee chairperson, Brenda Arburl, recognized the December birthdays. They were: Karen Ely (6th), Susan Barrow (15th), Cheryl Clabough (17th), Sara Adlman (17th), Carolyn Ray (18th), Jeanne Welsh (21st), Carolyn Robinson (26th), Sandra Ryce (28th), Cindy DaCosta (29th), Sandi Boylan (30th), Nancy Allain (30th)

**MEMBERSHIP**--Bell Woods, committee chairperson announced that 49 members were present. Joanne Durett won the name tag drawing.

**JANUARY RETREAT 2008**--Linda Duke and Judy Buster, committee chairpersons reported that 29 members were attending the retreat and that Connie Pettit will teach hen scratch at the retreat. Judy has the block for members to work on for the January retreat raffle.

**NATIONAL SPEAKER**--Lura Campbell, vice-president/ events, asked members to fill out the interest form selecting class time and class preference. Estimated cost of each six hour class is \$30.00. Sign-up sheets will probably be available in January with classes being first come, first served based upon payment. As a side note, Lura will be teaching a class in Columbiana on January 5, 2008, based upon Ricky Tim's Convergence Quilts. It will be held at the Columbiana United Methodist Church from 10AM until 3PM. Cost is \$25.

**NEWSLETTER**--Deadline for newsletter articles is December 21. Please be timely getting them to Ella.

**FAT QUARTER DRAWING**--Glenda Waguespack held the drawing for the fat quarters with four winners. They were: Linda Duke, Connie Pettit, Darlene Graham, Cheryl Clabough.

**OTHER CONCERNS**--Frances Burch needs to talk to the lady who wanted to be contacted. (Secretary's note: Connie Pettit) Secretary, Jeanne Heinemann, asked that if any board members had not received their board minutes during the storm, to e-mail her and she would resend them.

**SHOW AND TELL**-- Bell Woods brought a blue and yellow quilt. Doris Chamberlain brought a purse. Beverly Williamson brought her first quilt made of 1960s fabric as well as an Auburn/Alabama baby quilt. Jimmie Lou Clements brought a fleece throw as well as two rag quilts, one dog, one cat themed. Linda Duke brought a table runner from the magazine "Quilting for Christmas".

**OPPORTUNITY QUILT**--Committee chairperson Anita Haddad held the drawing for the 2007 opportunity quilt. The winning ticket was sold by Stephanie Key to Rene Wilder.

**PROGRAM**--Glenda Waguespack, Vice-president/ programs, introduced the speaker for the evening, Joan (pronounced Jo-An) Knight. Joan is current president of the Gulf States Quilting Association (GSQA), which covers Alabama, Louisiana, Mississippi, and the Florida panhandle. The Gulf States took a hard hit with Hurricane Katrina; so did the association. The association dropped from approximately 1,300 members to less than 1,000 members. The present membership is now approximately 1,100 members. Not only did the gulf area lose members, it also lost quilt shops. The GSQA will host a quilt show in March 2008 which it does every other year. The association has 17 board members. Its next board meeting is January 26 in Pensacola, Florida, with about 150 members expected to attend. This year is a non-judged show because this is the twenty-fifth year. The GSQA website will have the blue book listing classes at seminar. Joan brought packets of information about the association and explained that members who joined received discounts on the classes. If enough members join, the guild is listed as a member guild which qualifies the guild to receive circuit speakers. Members were encouraged to visit the association's website for more details. Joan brought an extensive trunk show of her quilts to the delight of all.

**DIRECTOR'S COMMENTS**--Mary Guthrie reminded members of her box for complaints, comments, complements, suggestions, and ideas.

**ADJOURNMENT**--Helen offered a box of holly for any interested and wished those in attendance a "Merry Christmas to all and to all a good night." The meeting was adjourned at 8:48PM.

Respectfully submitted,

Jeanne Heinemann, Secretary

Treasurer's Report

Beginning Balance.....9,968.59

Expenses.....

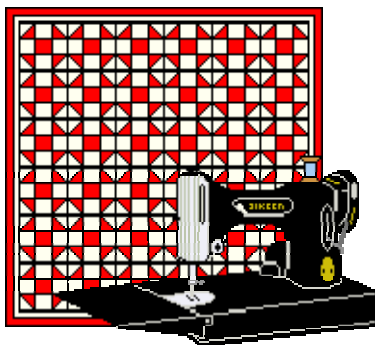
Library Fines.....	6.05
Book order.....	28.94
Jan. Retreat.....	660.00
Opportunity Quilt.....	856.00
Total.....	1550.99

Expenses.....

Jan. Retreat Refund.....	140.00
Book Order.....	20.07
Dec. Meeting Dinner Supplies.....	244.01
Total.....	404.08

Ending Balance (12/27/07).....\$11,115.50

Sara Adlman, Treasurer



The Singer Featherweight portable sewing machine is a model made by that company between 1933 and 1964. The machine (model 221), adapted from an earlier portable, the Standard Sew Handy (which company was bought out by Singer) weighs about 11 pounds and has been found to be an ideal machine for quilters and other sewers to take to classes or "on location." Very quiet and sturdily made with all-metal parts (mostly aluminum), the

Featherweight sews only straight stitches but it sews them very well. Even the oldest machines, if they've been cared for, still sew wonderfully.

The Featherweight is an excellent machine for piecing, but it is not recommended that machine quilting be done on it due to the possibility of burning out the motor.

**Artichoke Spinach Lasagna Recipe**  
(requested by members at the Christmas party)

From Betty Crocker's Easy Vegetarian Cook Book

**\*PREP TIME\*: 20 MIN \*BAKE TIME\*: 55 MIN \*STAND\*: 15 MIN**

1 medium onion, chopped (1/2 cup)  
4 cloves garlic, finely chopped  
1 can (14 1/2 oz) ready-to-serve vegetable broth  
1 tablespoon chopped fresh or dried rosemary leaves  
1 can (14 oz) artichoke hearts, drained and coarsely chopped  
1 package (10 oz) frozen chopped spinach, thawed and squeezed to drain  
1 jar (16 oz.) roasted garlic Parmesan or Alfredo pasta sauce  
9 uncooked lasagna noodles (9 oz)  
3 cups shredded mozzarella cheese (12 oz)  
1 package (4oz) crumbled herb-and-garlic feta cheese  
Rosemary sprigs, if desired  
Lemon wedges, if desired

1.) Heat oven to 350 degrees. Spray rectangular baking dish, 13x9x2 inches, with cooking spray.

2.) Spray 12-inch nonstick skillet with cooking spray; heat over medium-high heat. Cook onion and garlic in skillet about 3 minutes, stirring occasionally, until onion is crisp-tender. Stir in broth and rosemary. Heat to boiling. Stir in artichokes and spinach; reduce heat. Cover and simmer 5 minutes. Stir in pasta sauce.

3.) Spread one-fourth of the artichoke mixture in bottom of baking dish; top with 3 noodles. Sprinkle with 3/4 cup of the mozzarella cheese. Repeat layers 2 more times. Spread with remaining artichoke mixture; sprinkle with remaining cheese. Sprinkle with feta cheese.

4.) Cover and bake 40 minutes. Uncover and bake about 15 minutes longer or until noodles are tender and lasagna is bubbly. Let stand 10-15 minutes before cutting. Garnish with rosemary springs and lemon wedges.

Makes 8 servings.

1 serving: calories 465 (calories from fat 260), fat 29g (saturated 18g); cholesterol 90mg, sodium 1010mg; carbohydrate 32g (dietary fiber 5g), protein 24g

(continued)

**Notes from Jeanne:**

- 1. I use a 32 ounce carton of Imagine Natural Organic No-Chicken Broth**
- 2. For pasta sauce I use approximately 2 tablespoons of butter, melted in a skillet. I add approximately ¼ - ½ cup of grated Parmesan cheese and stir until mixed well. Add approximately 1 teaspoon of white pepper. Slowly add 1 quart of heavy whipping cream. Cook approximately 5 minutes over low heat to thicken.**
- 3. For added richness and a heart attack – add extra mozzarella cheese to please Fred. For added health and to please Jeanne – add extra artichokes and spinach. To please BellSouth – add both.**
- 4. I use either tomato/basil feta cheese from the store or when time permits I make my own using feta cheese and ½ of a 3 ounce package of Mariani Sun Dried tomatoes, cut into tiny pieces along with 3 or 4 fresh basil leaves, cut into tiny pieces.**
- 5. Do not use disposable foil pans as they cannot support the weight and will bend with hot sauce dumping into the oven and on arms. The best pan is a clay lasagna pan like Pampered Chef's (which is what I use to absorb some of the oil but leave the taste).**
- 6. To reduce cleanup, prepare onion and garlic in the skillet then dump in stock pot or deep pot. Add broth, rosemary, artichokes and spinach following step #2. Prepare Alfredo sauce with pepper, cream, butter and Parmesan in skillet. Add to stockpot. Stir. This saves spilling sauce as it is scooped out of the skillet and eliminates using more than 1 pot and 1 skillet.**
- 7. If preparing this at Christmas time, warn family and friends that you have used rosemary, not Christmas trees!**